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General Motors Chevrolet Equinox & Pontiac Torrent Automotive Repair Manual General Motors Chevrolet Equinox and Pontiac Torrent GM: Chevrolet Equinox (05-17), GMC Terrain (10-17) & Pontiac Torrent (06-09) Haynes Repair Manual Chilton's General Motors Equinox & Torrent 2005-09 Repair Manual GM: Chevrolet Equinox (05-17), GMC Terrain (10-17) & Pontiac Torrent (06-09) Haynes Repair Manual General Motors Chevrolet Equinox and Pontiac Torrent AUTOMOTIVE MAINTENANCE & LIGHT REPAIR Lemon-Aid New and Used Cars and Trucks 2007-2017 Chevrolet Cruze Haynes Repair Manual Lemon-Aid New and Used Cars and Trucks 2007-2018 OBD-II & Electronic Engine Management Systems Lemon-Aid New and Used Cars and Trucks 1990-2016 The Car Book 2006 Secondhand The Car Book 2007 S. 921, the Raechel and Jacqueline Houck Safe Rental Car Act of 2013 The Car Book 2008 The Car Book 2005 Lemon-Aid New Cars and Trucks 2012 Chilton's General Motors TrailBlazer, 2002-09 Repair Manual The Ninth Step Transportation Energy Data Book Vermont Year Book Popular Science Lemon-Aid New and Used Cars and Trucks 2007-2018 Cost, Effectiveness, and Deployment of Fuel Economy Technologies for Light-Duty Vehicles Engine Management Automotive News Automotive Machining Captain Scarlet Manual Toyota Highlander Lexus RX 300/330/350 Haynes Repair Manual Auto Repair For Dummies Auto Upkeep Lemon-Aid New Cars and Trucks 2013 The Social Media Strategist: Build a Successful Program from the Inside Out Auto Upkeep General Motors Chevrolet Cobalt & HHR Pontiac G5 & Saturn Ion 2003 thru 2011 The Harbour Report Backpacker How Are You Feeling Board Book

A Globe and Mail bestseller! • “Dr. Phil,” Canada’s best-known automotive expert, and George Iny walk you through another year of car buying. After almost fifty years and two million copies sold, Phil Edmonston has a co-pilot for the Lemon-Aid Guide — George Iny, along with the editors of the Automobile Protection Association. The 2018 Lemon-Aid features comprehensive reviews of the best and worst vehicles sold since 2007. You’ll find tips on the “art of complaining” to resolve your vehicular woes and strategies to ensure you don’t get squeezed in the dealer’s business office after you’ve agreed on a price and let your guard down. And to make sure you receive compensation where it’s due, Lemon-Aid’s unique secret warranties round-up covers manufacturer extended warranties for performance defects. Lemon-Aid is an essential guide for careful buyers and long-time gearheads (who may not know as much as they think). "Revelatory, terrifying, but, ultimately, hopeful." -Elizabeth Kolbert, Pulitzer Prize-winning author of THE SIXTH EXTINCTION From the author of Junkyard Planet, a journey into the surprising afterlives of our former possessions. Downsizing. Decluttering. Discarding. Sooner or later, all of us are faced with things we no longer need or want. But when we drop our old clothes and other items off at a local donation center, where do they go? Sometimes across the country-or even halfway across the world-to people and places who find value in what we leave behind. In Secondhand, journalist Adam Minter takes us on an unexpected adventure into the often-hidden, multibillion-dollar industry of reuse: thrift stores in the American Southwest to vintage shops in Tokyo, flea markets in Southeast Asia to used-goods enterprises in Ghana, and more. Along the way, Minter meets the fascinating people who handle-and profit from-our rising tide of discarded stuff, and asks a pressing question: In a world that craves shiny and new, is there room for it all? Secondhand offers hopeful answers and hard truths. A history of the stuff we've used and a contemplation of why we keep buying more, it also reveals the marketing practices, design failures, and racial prejudices that push used items into landfills instead of new homes. Secondhand shows us that it doesn't have to be this way, and what really needs to change to build a sustainable future free of excess stuff. Complete coverage for your Chevrolet Equinox (2005 thru 2012) and Pontiac Torrent (2006 thru 2009): --Routine maintenance --Tune-up procedures --Engine repair --Cooling and heating --Air conditioning --Fuel and exhaust --Emissions control --Ignition --Brakes --Suspension and steering --Electrical systems --Wiring diagrams With a Haynes manual, you can do it yourself?—¿from simple maintenance to basic repairs. Haynes writes every book based on a complete teardown of the vehicle. We learn the best ways to do a job and that makes it quicker, easier and cheaper for you. Our books have clear instructions and hundreds of photographs that show each step. Whether you're a beginner or a pro, you can save big with Haynes! Step-by-step procedures --Easy-to-follow photos --Complete troubleshooting section --Valuable short cuts --Color spark plug diagnosis Is it true what they say? That we’re only as sick as our worst secret? Because Helen Patrice has one. Last night, she murdered a stranger... Helen is a recovering alcoholic struggling through a twelve-step program. Now it’s time to make amends for a crime she got away with—a hit and run accident that killed the wife of school teacher Edgar Woolrich. It’s time to face the consequences. When she finally gathers the courage to meet him, the ninth step begins with a lie—the first of many as their relationship grows, and Helen knows it’s far too late to reveal the truth to a man she’s come to love. Then one day, she receives an anonymous note: Does he know you killed his wife? Now her devastating trail of deceit is about to lead her into the darkest place so far—that of other people’s secrets... Steers buyers through the the confusion and anxiety of new and used vehicle purchases like no other car-and-truck book on the market. “Dr. Phil,” along with George Iny and the Editors of the Automobile Protection Association, pull no punches. Tuning engines can be a mysterious art, all engines need a precise balance of fuel, air, and timing in order to reach their true performance potential. Engine Management: Advanced Tuning takes engine-tuning techniques to the next level, explaining how the EFI system determines engine operation and how the calibrator can change the controlling parameters to optimize actual engine performance. It is the most advanced book on the market, a must-have for tuners and calibrators and a valuable resource for anyone who wants to make horsepower with a fuel-injected, electronically controlled engine. Following the success of the Haynes Thunderbirds Manual, the same author/illustrator team turn their attention to Captain Scarlet, another iconic sci-fi creation of the late Gerry Anderson. This fascinating manual is a technical guide to Spectrum, the global security service of 2068, and features background information, a history of its creation, profiles of leading agents, confidential details of Spectrum’s most valuable weapon in the fight against the Mysterons, and fully annotated cutaway drawings of Spectrum vehicles. The book finishes with comprehensive Mission Files, making it the complete and essential manual for all Spectrum Agents. Total Car Care is the most complete, step-by-step automotive repair manual you'll ever use. All repair procedures are supported by detailed specifications, exploded views, and photographs. From the simplest repair procedure to the most complex, trust Chilton's Total Car Care to give you everything you need to do the job. Save time and money by doing it yourself, with the confidence only a Chilton Repair Manual can provide. This manual takes the mystery out of Second-Generation On-Board Diagnostic Systems allowing you to understand your vehicles OBD-II sytem, plus what to do when the "Check Engine" light comes on, from reading the code to diagnosing and fixing the problem. Includes a comprehensive list of computer codes. Computer-controlled car repair made easy! For all car and light truck models manufactured since 1996. Understand your vehicle's On-Board Diagnostic system How to deal with that "Check Engine" light--from reading the code to diagnosing and fixing the problem Comprehensive computer codes list Diagnostic tools: Powertrain management fundamentals OBD-II "monitors" explained Generic trouble codes that cover all models! Manufacturer-specific trouble codes for GM, Ford, Chrysler, Toyota/Lexus and Honda/Acura vehicles Let your car's computer help you find the problem! Component replacement procedures Glossary and acronym list Fully illustrated with over 250 photographs and drawings Popular Science gives our readers the information and tools to improve their technology and their world. The core belief that Popular Science and our readers share: The future is going to be better, and science and technology are the driving forces that will help make it better. With a Haynes manual, you can do-it-yourself...from simple maintenance to basic repairs. Haynes writes every book based on a complete teardown of the vehicle, where we learn the best ways to do a job and that makes it quicker, easier and cheaper for you. Haynes books have clear instructions and hundreds of photographs that show each step. Whether you are a beginner or a pro, you can save big with a Haynes manual! This manual features complete coverage

for your Chevrolet Equinox (2005-17), GMC Terrain (2010-17) & Pontiac Torrent (2006-09), covering: Routine maintenance Tune-up procedures Engine repair Cooling and heating Air conditioning Fuel and exhaust Emissions control Ignition Brakes Suspension and steering Electrical systems, and Wiring diagrams. Complete step-by-step repair and maintenance information, 700+ photos, and wiring diagrams all based on a full disassembly and reassembly of the vehicle. Offers advice for prospective buyers of cars and trucks, reveals information on secret warranties and confidential service bulletins, and tells how to complain and get results. Discover how to choose a quality repair facility, buy a car, handle roadside emergencies, diagnose common problems, and communicate effectively with technicians - all while saving money. Backpacker brings the outdoors straight to the reader's doorstep, inspiring and enabling them to go more places and enjoy nature more often. The authority on active adventure, Backpacker is the world's first GPS-enabled magazine, and the only magazine whose editors personally test the hiking trails, camping gear, and survival tips they publish. Backpacker's Editors' Choice Awards, an industry honor recognizing design, feature and product innovation, has become the gold standard against which all other outdoor-industry awards are measured. The How Are You Feeling? Board Book by The Indigo Bunting introduces emotional literacy, self-awareness and empathy to toddlers in an engaging and interactive way. Lift the large flaps throughout the book to reveal a variety of emotions and use the mirror on the last page to check out your own facial expressions! * 20 pages * 9 lift-the-flap pages * Mirror feature on last spread * Features 18 emotions * Trim: 7 x 7", 18 x 18 cm

Machining is an essential part of high-performance engine building and stock rebuilding, as well as certain servicing procedures. Although you may not own the expensive tooling and machining to perform all or any of the machining required for a quality build, you need to understand the principles, procedures, and goals for machining, so you can guide the machining process when outsourced. Classic and older engines typically require extensive machining and almost every major component of engine, including block, heads, intake, crankshaft, and pistons, require some sort of machining and fitment. A detailed, authoritative, and thorough automotive engine-machining guide for the hard-core enthusiast has not been available until now. Mike Mavrigian, editor of Engine Building Professional, walks you through each important machining procedure. A stock 300-hp engine build has far different requirements than a 1,000-hp drag race engine, and Mavrigian reveals the different machining procedures and plans according to application and engine design. The author also shows you how to inspect, measure, and evaluate components so you can provide astute guidance and make the best machine work choices. Machining procedures included are cylinder boring, align boring/honing, decking, valveseat cutting, cam tunnel boring, and a multitude of other services. In addition, multi-angle valve jobs, setting the valveseats, altering rocker arm ratio, re-conditioning connecting rods, and machining and matching valvetrain components are also covered. Whether you're an enthusiast engine builder or prospective machining student who wants to pursue a career as an automotive machinist, this book will provide insight and in-depth instruction for performing the most common and important machining procedures. Covers all U.S. and Canadian models of Chevrolet Equinox (2005 thru 2009) and Pontiac Torrent (2006 thru 2009).

Build a powerful social media strategy to increase buzz—and the bottom line “Whether you’re Fortune 500 or a small business owner, if you’re looking for success in this field, you owe it to yourself to read this book.” —George G. Smith Jr., Social Strategist, PepsiCo “After working with hundreds of organizations in their efforts to adopt social technologies, I can safely say The Social Media Strategist is the best guide available. Christopher Barger elevates the social media conversation with an experienced pragmatic insider’s discussion about real adoption. This book should be on every corporate and agency practitioner’s shelf.” —Geoff Livingston, author of Welcome to the Fifth Estate and Now Is Gone “This book is an absolute must-read for anyone seeking to better understand how to plug social media into their business from both a strategic and an operational standpoint, and should be required reading for communications and business management students around the world.” —Olivier A. Blanchard, author of Social Media ROI “The Social Media Strategist is refreshing because it has substance amidst a sea of social media superficiality. It will help you think strategically and realistically so you can act efficiently and creatively. If you’re serious about business and committed about leveraging social media, you need to read this book.” —Esteban Contreras, Social Media Marketing Manager, Samsung USA “Christopher offers a refreshing point of view as a seasoned practitioner and leader in the earliest days of the social media evolution. He describes the challenges of large-scale internal change and the rewards of integrating social media business planning, and he shares real-world examples of successful campaigns.” —Shauna Causey, Head of Social Media, Nordstrom

About the Book: In today’s fast-paced professional climate, large companies are learning that launching a website and taking a wait-and-see approach to engaging customers is not enough. Competition is fierce, and those who master the social media space are the ones who come out on top. There is greater urgency than ever before to establish a vibrant social media program—and it all starts with a key strategist who can best organize and leverage all of the organization’s resources to cut through the bureaucracy and get real-time results. This is where The Social Media Strategist comes in. Before tackling specific social media programs, you first have to get your own organization—and everyone in it—on board with making social media a business strategy priority. Christopher Barger, the award-winning former social media director at General Motors and IBM’s former “blogger-in-chief,” describes all the challenges particular to getting a comprehensive social media program off the ground in a large firm. The Social Media Strategist teaches you how to: Manage internal office politics, from your legal team to the policy makers to the human resource department Present new ideas to lawyers and executives in a compelling, convincing way Teach your employees the guidelines and protocols they’ll need to represent your company Turn your organization into a true media outlet, publishing content that is generated by in-house employees and is truly engaging to an outside audience “Telling a company from the outside what it should do is one thing,” writes Barger. “Actually making it happen from the inside is quite another.” Here, he takes the bold step of starting where all successful endeavors begin: by planning well, by putting all the moving parts in the right place, by constructing a solid foundation. Consult The Social Media Strategist and build the best-suited social media infrastructure for your company. Then, and only then, can you begin to raise your profile, connect with customers, and increase your profits using the most powerful new business tool. The light-duty vehicle fleet is expected to undergo substantial technological changes over the next several decades. New powertrain designs, alternative fuels, advanced materials and significant changes to the vehicle body are being driven by increasingly stringent fuel economy and greenhouse gas emission standards. By the end of the next decade, cars and light-duty trucks will be more fuel efficient, weigh less, emit less air pollutants, have more safety features, and will be more expensive to purchase relative to current vehicles. Though the gasoline-powered spark ignition engine will continue to be the dominant powertrain configuration even through 2030, such vehicles will be equipped with advanced technologies, materials, electronics and controls, and aerodynamics. And by 2030, the deployment of alternative methods to propel and fuel vehicles and alternative modes of transportation, including autonomous vehicles, will be well underway. What are these new technologies - how will they work, and will some technologies be more effective than others? Written to inform The United States Department of Transportation's National Highway Traffic Safety Administration (NHTSA) and Environmental Protection Agency (EPA) Corporate Average Fuel Economy (CAFE) and greenhouse gas (GHG) emission standards, this new report from the National Research Council is a technical evaluation of costs, benefits, and implementation issues of fuel reduction technologies for next-generation light-duty vehicles. Cost, Effectiveness, and Deployment of Fuel Economy Technologies for Light-Duty Vehicles estimates the cost, potential efficiency improvements, and barriers to commercial deployment of technologies that might be employed from 2020 to 2030. This report describes these promising technologies and makes recommendations for their inclusion on the list of technologies applicable for the 2017-2025 CAFE standards. With a Haynes manual, you can do-it-yourself...from simple maintenance to basic repairs. Haynes writes every book based on a complete teardown of the vehicle, where we learn the best ways to do a job and that makes it quicker, easier and cheaper for you. Haynes books have clear instructions and hundreds of photographs that show each step. Whether you are a beginner or a pro, you can save big with a Haynes manual! This manual features complete coverage for your Chevrolet Equinox (2005-17), GMC Terrain (2010-17) & Pontiac Torrent (2006-09), covering: Routine maintenance Tune-up procedures Engine repair Cooling and heating Air conditioning Fuel and exhaust Emissions control Ignition Brakes Suspension and steering Electrical systems, and Wiring diagrams. This book steers buyers through the the confusion and anxiety of new and used vehicle purchases unlike any other car-and-truck book on the market. “Dr. Phil,” Canada’s best-known automotive expert for more than forty-five years, pulls no punches. Offers advice for prospective buyers of cars and trucks, reveals information on secret warranties and confidential service bulletins, and tells how to complain and get results. Steers buyers through the the confusion and anxiety of new and used vehicle purchases like no other car-and-truck book on the market. “Dr. Phil,” along with George Iny and the Editors of the

Automobile Protection Association, pull no punches. Auto Repair For Dummies, 2nd Edition (9781119543619) was previously published as Auto Repair For Dummies, 2nd Edition (9780764599026). While this version features a new Dummies cover and design, the content is the same as the prior release and should not be considered a new or updated product. The top-selling auto repair guide--400,000 copies sold--now extensively reorganized and updated Forty-eight percent of U.S. households perform at least some automobile maintenance on their own, with women now accounting for one third of this \$34 billion automotive do-it-yourself market. For new or would-be do-it-yourself mechanics, this illustrated how-to guide has long been a must and now it's even better. A complete reorganization now puts relevant repair and maintenance information directly after each automotive system overview, making it much easier to find hands-on fix-it instructions. Author Deanna Sclar has updated systems and repair information throughout, eliminating discussions of carburetors and adding coverage of hybrid and alternative fuel vehicles. She's also revised schedules for tune-ups and oil changes, included driving tips that can save on maintenance and repair costs, and added new advice on troubleshooting problems and determining when to call in a professional mechanic. For anyone who wants to save money on car repairs and maintenance, this book is the place to start. Deanna Sclar (Long Beach, CA), an acclaimed auto repair expert and consumer advocate, has contributed to the Los Angeles Times and has been interviewed on the Today show, NBC Nightly News, and other television programs. Complete coverage for your Chevrolet Equinox (2005 thru 2012) and Pontiac Torrent (2006 thru 2009): --Routine maintenance --Tune-up procedures --Engine repair --Cooling and heating --Air conditioning --Fuel and exhaust --Emissions control --Ignition --Brakes --Suspension and steering --Electrical systems --Wiring diagrams With a Haynes manual, you can do it yourself--from simple maintenance to basic repairs. Haynes writes every book based on a complete teardown of the vehicle. We learn the best ways to do a job and that makes it quicker, easier and cheaper for you. Our books have clear instructions and hundreds of photographs that show each step. Whether you're a beginner or a pro, you can save big with Haynes! Step-by-step procedures --Easy-to-follow photos --Complete troubleshooting section --Valuable short cuts --Color spark plug diagnosis With a Haynes manual, you can do-it-yourself...from simple maintenance to basic repairs. Haynes writes every book based on a complete teardown of the vehicle, where we learn the best ways to do a job and that makes it quicker, easier and cheaper for you. Haynes books have clear instructions and hundreds of photographs that show each step. Whether you are a beginner or a pro, you can save big with a Haynes manual! This manual features complete coverage for your General Motors Chevrolet Cobalt, HHR Pontiac G5 and Saturn Ion built from 2003 to 2011, covering: Routine maintenance Tune-up procedures Engine repair Cooling and heating Air conditioning Fuel and exhaust Emissions control Ignition Brakes Suspension and steering Electrical systems, and Wiring diagrams. Complete step-by-step repair and maintenance information, 700+ photos, and wiring diagrams all based on a full disassembly and reassembly of the vehicle. All models.

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